



## Heart & Soul group

An Invitation open to all

to a special day of Joanna Macy's "The Work that Reconnects."

## A Deep Ecology Workshop



Facilitated by Gill Emslie from the Findhorn Foundation

Saturday 10<sup>th</sup> July 2010, 10am - 5.30pm at Monimail Tower Project, Fife, KY15 7RJ

Suggested donation £15 –Bring lunch to share

In this programme we will journey together, reflecting on our interconnected relationship with nature and how this affects us in these uncertain times. The *Work that Reconnects*, offers us tools to navigate the territory from Despair to Empowerment. **The Truth Mandala** is part of this journey that we will take together and is a Community ritual for supporting the transformation of grief into compassion, fear into love and separation into celebration!

*Truth-telling is like oxygen: It enlivens us. Without it we grow confused and numb. It is also a homecoming, bringing us back to powerful connection and basic authority - Joanna Macy*

In traditional cultures grief rituals are an integral part of communal “cleansing”. They help people recognize and transcend challenging situations. As we face frightening personal and collective crises, it is vital that we support each other in addressing our concerns. The Truth Mandala is a modern community ritual, created by deep ecologist and systems thinker **Joanna Macy**.

This ritual exercise provides a simple, respectful, whole group structure for owning and honoring our pain for the world, and for recognizing its authority and the solidarity it can bring. For many participants this has been a highly significant experience in their lives.

**Gill Emslie**, is an educator who works internationally as an organizational consultant, facilitator, coach and trainer. Gill has worked for the last 20 years in diverse settings ranging from business networks in Europe to Universities in Latin America, as well as NGO and Charitable groups where she primarily teaches a process orientated approach to leadership, organizational development, conflict facilitation, group skills and coaching. She also regularly spends time working with grassroots organizations, indigenous people and women’s groups.

She is trained in a Jungian and Taoist based approach to personal, spiritual and organizational development, often know as Process Work, with an emphasis on social change and transformation. She has also trained with Joanna Macy in ‘The Work that Reconnects’ and Deep Ecology.

For Bookings please contact Louise Barron on 0787 999 6845 or email: [Louise@nhtt.org.uk](mailto:Louise@nhtt.org.uk)

Spaces will be limited and early booking is recommended to avoid disappointment.