

## **NHTT Local Food Group Meeting**

**Letham Village Hall 7.30pm Monday 23 March 2010**

**Present:** Hamid Van Koten, Fred Reid, John Rae, Louise Barron, Dan Connolly, Barbara Holden, Becky Little, Clare Hamilton Sturdy

**Apologies:** Andy McKie, Hayley Mills, Molly Bullick, Lesley Paterson

The meetings started with an interactive power point presentation led by Hamid. The presentation gave a summary of the impact our food behaviour has on climate change and how this will have to change when faced with the challenges of fossil fuel depletion. There were some really interesting points that some of the group had not previously considered. The slides were interspersed with short clips from a BBC documentary. It will be available to download from the website.

There followed a discussion around the challenges and the group spent some time visioning how we would like the future of food production to be in 2040. Below are the suggestions raised:

- We will preserve things we want to eat
- We will eat seasonal food
- We'll eat organic food
- We will buy locally and have produce to buy locally
- We will grow our own food
- Make better use of land and be more innovative on creating space for food growing
- Everyone will be composting
- No flush toilets anymore, compost- human manure

The focus then shifted back to this year and the direction of the food group in 2010.

Discussion followed around what we would like to do this year and there was some reflection on the successes of 2009 such as the Local Food Festival. Perhaps we need to have an event in 2010 that can bring everyone together in a similar way. There will hopefully be another apple day in autumn but we need to think about something else.

Much of the discussion tied in to the points on the Agenda.

## **Matters Arising**

### **1. NHTT E bartering and Food Forum on [www.nhtt.org.uk](http://www.nhtt.org.uk) , email communications**

The idea of this is to have an online forum for sharing ideas and tips. The group agreed that we should go live with this and publicise to encourage use.

#### **AP- Louise to take forward with Dave Hamilton**

The Group agreed that we should continue with the monthly newsletter and anyone can feed ideas and news into Louise for publication in this. The newsletter can also contain some highlights of forum activity.

### **2. Events/Meetings**

#### **AP Louise to contact Tony Wilson of Fife Coast and Countryside re Wild food foray/mushrooms/seaweed**

It was suggested that we could have meetings out with halls during the warmer and lighter months and tie them up with events such as berry picking and garden 'snoops'.

#### **AP- Becky and Clare to think about picking days.**

The idea of tying up with other groups for meetings and events was raised and discussion with suggestions including, Fife Food Trail, East Fife Organic Growers and Newburgh Orchard

### **3. How will the FG manage itself**

The group will share ideas via the forum and newsletter feeding into Louise. Projects will continue to be discussed at the monthly meetings.

### **4. Poultry Dispatcher /Carry Forward**

The group agreed that we should try and reach a decision around this via email

**AP- Louise to put an email round**

**5. Food Waste**

Carry Forward to May meeting

**6. Community Bulk Buying**

There is budget available for someone to be paid a Sessional rate to take this forward. Laura and Kerstin have both previously indicated an interest in this.

**AP- Louise to establish if there is any interest in carrying this forward.**

If not we will put a note out in the bulletin to open it up to the wider group.

Carried forward to April meeting

**7. Bake house feasibility**

Crispin Hayes has expressed an interest in this project. Carried forward to April meeting

**8. Garden Compost Supplies**

This project is nearing its completion and will soon be opening it as a pilot for Monimail village. It is hoped that there will an event at the end of April to launch this. If successful the project may be rolled out throughout the NHTT area.

**9. Food Facilitation**

**AP- Louise to list ideas from the survey on the forum .** The group can then choose Reskilling workshops for the colder months.

**10. Apple Press**

There is the potential apple day in October but we will need to confirm with MTP. As the apple season approaches we will advertise the apple press again.

**11. Local Food Directory**

**AP-Barbara is going to find out what people are growing in the village.  
AP- Louise to contact Viv Collier and see what is out there already.**

## **12. Food Conservation and equipment**

Hamid suggested purchasing some preserving equipment out of the Reskilling budget and holding a half day session on how to use the equipment-Carry forward to May meeting.

Next Meeting Monday 26 April 7.30pm Letham Village Hall

May meeting what would we like? – Monimail Tower/Community Allotment/Dan's Orchard 'snoop' and discuss as we go.

**AP- Louise to confirm date and time**