

NHTT Local Food Group

Meeting Minutes

Tuesday 8 Sept 2009, 7.30pm Victory Hall, Collessie

Present: Andy McKie, Louise Barron, Alice Simpson, Naomi Ellis-Morton, Becky Little, Marianna, Fred Reid, Neil Stoddart, Vivienne Collie, Laura Turner, Clare Hamilton-Sturdy

Apologies: Hayley Mills, Katie Connolly, Dan Connolly, Louise, Adam Day, James, Elly

Welcome

Introductions

- **Recipe ideas for surplus produce** - Courgettes, beetroot, brambles , rabbit, potatoes
Becky had raised this as an idea to start up a recipe swap for things people have an excess of. Potential for an email swap or bring along to meetings. Conversation moved onto what is done with excess produce. There is currently a swap box scheme running at Monimail a green in Monimail ever Tuesday. This may end up being seasonal but will gauge how well it gets used once mornings and evenings are dark. There is also E barter, not enough up take on that at the moment.
- **Minutes** -accepted
- **Matters Arising**
- **LFG Survey Questions**
Neil introduced the survey and gave some background to purpose of the survey. NHTT going back to community to back up previous consultation which may be out of date as people and opinions change.
The version Neil had with him was preview from online version, Louise will send link out to the food group. A paper copy was passed round but Neil also ran through all food questions in survey. A few issues were raised around specific questions:
 - Question re the small shop or large shop- does it tell us what we need to know and the Q re the comm. Would it be more relevant to ask 'Would you like to shop in a community shop?'
 - Should there be a question about on line shopping.
 - Sentence explaining Animal Husbandry or change style of question
 - Marianna raised concern about food waste. Would be good to add a question re food waste.
 - It was agreed that Louise would send round link to survey with Minutes for review and comment. Closing date for comments 18th Sept.
- Vivienne Collie from Slow Food Fife and Vivid Ideas and Solution Ltd. Spoke to the group about her background. She is working closely with Fife Farmers markets, hoping to set up a cooperative. In the past has organised a number of food events including Dundee Food and Flower festival and Fife Seafood Festival as well as Slow Food Events. The next event will be at Cairnie Fruit Farm Thursday 10 Sept and will be focusing on fruit and local ice cream production with Luvians and GG Ice Cream. Looking to pull together a directory of local food

suppliers and retailers which may be of use to NHTT LFG. Food Group- reaction to fast food, people disconnected from their food. Story behind the food.

Andy highlighted issues we have had around trying to set up a fish box scheme. Viv suggested that we may be best to either speak to local fish shop in Cupar or go directly to other businesses eg Billy Fisher with our requirements

Andy also asked if individuals would be able to join the cooperative and potentially get a discount for loyalty. This is not something that had been considered yet but Viv highlighted an example of St Andrews University students who are setting up a loyalty scheme to get discounts from local suppliers for students.

- **Food Focused Green Library Proposal**, this is a new idea to have a local library set up with books to help enable Reskilling. It is proposed that it will be based in MTP. LFG have a list of books that they think would be useful but will be opened up to other groups for input. Carried forward
- **Local Food Festival Update**, Louise confirmed that plans were going well and that all stall holders had confirmed. Andy is hoping to have a Puddledub BBQ with burgers only so highlighted need for a couple of Sessional workers at rate of £7.50/hr to help out with this and the tavern. Becky mentioned that the Hay Bales may be a problem as still not harvested. It was agreed that we would purchase some and sell them on afterwards. **Action Becky to organise Hay Bales.**
- **Apple Press Project Update -**
Andy provided update-All equipment has arrived apart from the brushes. Becky had attended the MTP meeting and explained where the shed will go. We will need help to make the space ready. 11th October is set to be a community work day. It was agreed that there is space for 15ft by 8ft ish. The shed will need to be on pads to protect the tree roots. £890 is budget, do we spend it on that should we keep some back. **Action- LB is to see how big you can get for that money. Action -LB is to put work day in the bulletin.**
- **Next steps re Garden Supplies Project – Drawings/Tenders**
Becky gave an update- James has put together a plan of where we can't put the compost bays, so will be defined by this.. **Action- James to bring sketch design and plan to next meeting so that it can then it can go to tender.**
- **Next steps Community Food Storage/Bulk Buying Project**
We are looking for a sub group or someone willing to run with that one. Andy gave a bit of background to the project. Contact Hayley if interested in being part of sub group.
- **Next steps re Food Facilitation/Training/Allotments Project**
Again, we need a sub group or someone willing to run with that one. Andy gave a bit of background to the project. Contact Hayley if interested in being part of sub group. Green library is going to part of that. Run in partnership with MTP. Need to find out if other groups would want to use some of their budgets for library?

- **Next steps re Bake house Feasibility Project**

Looking for a sub group or someone willing to run with this projects. Andy gave a bit of background to the project. Contact Hayley.

- **What do we want at the November meeting?**

Ideas:

Becky suggesting showing a permaculture film that they used at MTP permaculture course.

Sell by date and food waste issue.

Contacting Elmwood re courses.

AOB

Becky highlighted that there is not a BBQ at the MTP Apple Day but that it will run from 11am 'til 3pm where there will be a whole array of apple related activities. For the children there will be bush craft, baking apples in the fire, apple bobbing and working the presses. There will be cakes and plenty of apple juice to try. Grown-ups will also get a shot of the apple presses as well as picking some apples to take home. They are also hoping to have some informative talks and demonstrations. It sounds like it will be a fun afternoon.

Next meetings:

19th September Local Food Festival – Saturday, 12.30-5pm Letham Park & Village Hall!!!! Fun for all the family!! All welcome!

2nd October Local Food Festival informal debrief meeting – Friday, 7.30pm Letham Village Hall BYOB & nibbles!

31st October Monimail Tower Project Apple Fayre – Saturday, 31 Oct 11am-3pm

19th November Local Food Group – Thursday, 7.30pm, Giffordtown Hall

20th January Local Food Group - Wednesday 7.30pm, Collessie Hall